



UNC CFAR Social and Behavioral Science Research Core SABI Database

INSTRUMENT TITLE: Instrument Support Evaluation List (ISEL)

SOURCE ARTICLE: Bastardo Y, Kimberlin C. (2000) Relationship between quality of life, social support and disease-related factors in HIV-infected persons in Venezuela. *AIDS Care*; 12:673-84.

POPULATION: HIV+ adults

RESPONSE OPTIONS: Likert scale; (1) Definitely true, (2) Probably true, (3) Probably false, (4) Definitely false

SURVEY ITEMS: 3 factors (40 items)

Appraisal Support

1. There are several people that I trust to help solve my problems
2. There is no one that I feel comfortable to talking about intimate personal problems
3. There really is no one who can give me an objective view of how I'm handling my problems
4. I feel that there is no one I can share my most private worries and fears with
5. There is someone I can turn to for advice about handling problems with my family
6. When I need suggestions on how to deal with a personal problem, I know someone I can turn to
7. There is someone I could turn to for advice about making career plans or changing my job
8. There really is no one I can trust to give me good financial advice
9. If a family crisis arose, it would be difficult to find someone who could give me good advice about how to handle it
10. There is at least one person I know whose advice I really trust

TERMS OF USE:

Individuals may use this information for research or educational purposes only and may not use this information for commercial purposes. When using this instrument, please cite:

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Tangible Support

11. If I needed help fixing an appliance or repairing my car, there is someone who would help me
12. If I needed a ride to the airport very early in the morning, I would have a hard time finding someone to take me
13. If I were sick and needed someone (friend, family member, or acquaintance) to take me to the doctor, I would have trouble finding someone
14. If I needed a place to stay for a week because of an emergency (for example, water or electricity out in my apartment or house), I could easily find someone who would put me up
15. If I were sick, I could easily find someone to help me with my daily chores
16. If I needed an emergency loan of \$100, there is someone (friend, relative, or acquaintance) I could get it from
17. If I had to go out of town for a few weeks, it would be difficult to find someone who would look after my house or apartment (the plants, pets, garden, etc.)
18. If I was stranded 10 miles from home, there is someone I could call who would come and get me
19. It would be difficult to find someone who would lend me their car for a few hours
20. If I needed some help in moving to a new house or apartment, I would have a hard time finding someone to help me

Emotional: Self-esteem Support

21. Most of my friends are more interesting than I am
22. There is someone who takes pride in my accomplishments
23. Most people I know think highly of me
24. I think that my friends feel that I'm not very good at helping them solve their problems
25. I am as good at doing things as most other people are
26. In general, people do not have much confidence in me
27. Most of my friends are more successful at making changes in their lives than I am
28. I am more satisfied with my life than most people are with theirs
29. I am closer to my friends than most other people are to theirs
30. I have a hard time keeping pace with my friends

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Emotional: Belonging Support

31. When I feel lonely, there are several people I can talk to
32. I often meet or talk with family or friends
33. I feel like I'm not always included by my circle of friends
34. There are several different people I enjoy spending time with
35. If I wanted to go on a trip for a day (e.g., to the mountains, beach, or country), I would have a hard time finding someone to go with me
36. If I decide one afternoon that I would like to go to a movie that evening, I could easily find someone to go with me
37. Most people I know do not enjoy the same things that I do
38. I don't often get invited to do things with others
39. If I wanted to have lunch with someone, I could easily find someone to join me
40. No one I know would throw a birthday party for me

RELIABILITY INFORMATION: Cronbach's $\alpha = .85$

VALIDITY INFORMATION: The following methods were used to assess validity:
Content validity:

- Language and cultural adaptation in Venezuela

FACTOR ANALYSIS:

Confirmed structure and items.

3 factor model:

- Tangible
- Appraisal
- Emotional (combined self-esteem and belonging)

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