



UNC CFAR Social and Behavioral Science Research Core SABI Database

INSTRUMENT TITLE: *Social Support Questionnaire – Short Form (SSQ-6)*

SOURCE ARTICLE: Prado, G., Feaster, D. J., Schwartz, S. J., Pratt, I. A., Smith, L., & Szapocznik, J. (2004). Religious involvement, coping, social support, and psychological distress in HIV-seropositive African American mothers. *AIDS and Behavior*, 8(3), 221-235.

POPULATION: Women, mothers, HIV-positive, African American

RESPONSE OPTIONS: Numeric and 6-point Likert scale from ‘very dissatisfied’ to ‘very satisfied’

SCORING: Each item was scored for number or perceived availability of supports and overall satisfaction with the available support

SURVEY ITEMS: Please see attached

RELIABILITY INFORMATION: Cronbach’s $\alpha= 0.84$

VALIDITY INFORMATION: Factor structure was tested and results determined that this scale is supposed to measure social support.

TERMS OF USE:

Individuals may use this information for research or educational purposes only and may not use this information for commercial purposes. When using this instrument, please cite:

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Six-item short form of the Social Support Questionnaire (SSQ6); full-scale SSQ item numbers in parentheses

Whom can you really count on to distract you from your worries when you feel under stress? (9)

Whom can you really count on to help you feel more relaxed when you are under pressure or tense? (17)

Who accepts you totally, including both your worst and your best points? (19)

Whom can you really count on to care about you, regardless of what is happening to you? (20)

Whom can you really count on to help you feel better when you are feeling generally down-in-the-dumps? (23)

Whom can you count on to console you when you are very upset? (25)

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